

Study: Most Women Who Undergo Double Mastectomy Do Not Need To.

On its website, [NBC News](#) (5/22, Fox) reports that [research](#) published in JAMA Surgery suggests that “most women who get both breasts removed to prevent breast cancer don’t need to do it, and are often motivated by fear.”

Investigators “found that 70 percent of women who had a healthy breast removed after getting cancer diagnosed in the other one had a very low risk of getting a tumor in that healthy breast.”